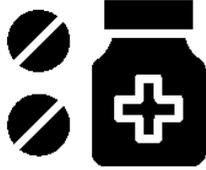




## Injections policy

### About this document



You might be taking medications to make you feel better.



Many medicines are taken through the mouth.



Some medicines need to be put under your skin with a needle. This is called an **injection**.



This document will help explain how we give injections.





## How we give injections

We want to make sure that you feel comfortable with us giving you an injection.



Our workers know how to give an injection safely.



We will always ask for your permission before giving you an injection.



An injection is only given to make you feel better.



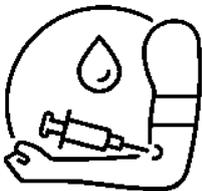
We will always explain what will happen and how it will make you feel better.



We will always explain where we will put the needle.  
We might need to put the needle into:



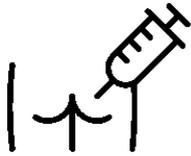
- your tummy



- your arm



- your thigh



- your bottom.



We will keep everything clean when giving you the injection.



You can always tell us if you still feel uncomfortable or scared.



If there are other things we can do to make you feel more comfortable, please let us know.

When giving you an injection we will follow these steps:



1. Get all the injection supplies.



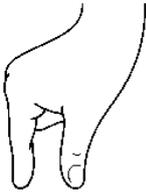
2. Clean our hands.



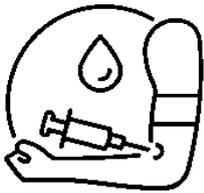
3. Clean the area of your body where you will get the injection.



4. Fill the needle with medicine.



5. Pinch your skin a little.



6. Insert the needle into your skin.



7. Hold the needle in your skin for a few seconds (you might feel a small sting).



8. Remove the needle.



9. Clean the area on your body where you had the injection (you might feel some pressure on your skin) and put on a band aid if needed.